



West Chester Area Senior Center

530 East Union Street (610) 431-4242 FAX: (610) 429-9296
WWW.WCSENIORS.ORG
Monday-Friday 8:00 to 3:00

Older Americans Month

May is Older Americans Month, and this year's theme is Connecting the Community. We're having many programs throughout the month to help you celebrate, and we hope you'll participate in them! The Biggest Mover is back again this year and we hope to get everyone moving! The WCASC staff get involved in this "friendly" completion. The kick-off meeting will be Friday, May 6 at 12:45.

Wellness Workshop

Brian Shuffler, DC from Integrative Chiropractic Center will present an Upper Core Workshop on Wednesday, May 11 at 1:00.

Learn everyday stretches and exercises to improve posture and function for the neck and upper shoulders.

Exercises that can be done both sitting and/or standing will be demonstrated.

THE GREAT RACE

"THE GREAT RACE" IS COMING BACK TO WCASC! JOIN US ON SATURDAY, MAY 21 FOR OUR 2ND ANNUAL 5K RUN/WALK AND 1 MILE RUN/WALK TO BENEFIT THE CENTER. FAMILIES ARE ENCOURAGED TO PARTICIPATE AS WE HIGHLIGHT OUR CENTER, OUR PARTICIPANTS, AND OUR PROGRAMS TO THE COMMUNITY! SPONSORSHIP OPPORTUNITIES ARE AVAILABLE! REGISTRATION BEGINS AT 7:30 AND THE RACE BEGINS AT 9:00. PRE-REGISTER BY MAY 17 FOR \$15 OR REGISTER THE DAY OF THE RACE FOR \$20. COMMUNITY FAIR WILL BE HELD FROM 8 TO 11:00.



Dimensions of Wellness

Wellness is not merely the absence of disease, it is the integration of the body, mind, and spirit, and the appreciation that everything you do, think, feel, and believe has an impact on your state of health. Come and learn about the different dimensions of wellness, how each can affect your health and what you can do to improve each one on Thursday, May 19 at 12:45.

Army, Navy, Air Force, and Marine Veterans

On Monday, May 9th at 1:00, LT Ryan McCabe will be joining us to share his experiences as a Surface Warfare Officer in the U.S. Navy. LT McCabe has completed three deployments in support of Operations Enduring and Iraqi Freedom and has recently returned from a 12 month deployment to Afghanistan. Prior to Afghanistan, he deployed twice as part of a Carrier Strike Group to the Persian Gulf, Indian Ocean, and Somali coast conducting counter narcotics, anti—piracy, and strike operations. Please join us for this first hand account of our modern military as well as share your own experiences.

Neighborhood Health Agencies, Inc. monthly Parkinson's Disease Support Group will be held at the Center on Wednesday, May 25 at 1:15.

West Chester Area Senior Center

STAFF MEMBERS

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*******WCASC will be closed on Monday, May 30, 2010.*******

Upcoming Programs

- Hydration screening and blood pressures will be offered on Friday, May 5 from 10:15 to 12:00.
- Jon Ewald, Sen. Dinniman's Constituent Outreach Representative, will be at the Center on Thursday, May 12 at 12:30. Stop by for assistance with state programs and other information.
- The movie *The King's Speech* will be shown on Tuesday, May 17 at 12:45. This movie won the Academy Award for Best Picture.

EXERCISE CARDS NOW AVAILABLE!

Pay \$30, and get an exercise card good for 12 Yoga, Zumba, Tai Chi, or Line Dancing classes (normally \$3 each). When you come to a class, get your card punched at the front desk. This convenience and benefit is for WCASC members only.

AARP Driver Safety Program

The 55 Alive Driver's Education Course will be held at the Center on Thursday, and Friday, May 12 and 13 from 8:30 to 12:30. A four hour refresher course will be offered on Tuesday, May 24 from 8:30 to 12:30 for those that have previously taken the 8 hour class. The cost is \$12 for AARP members and \$14 for non-members. Both classes qualify you for insurance discounts. Please call the Center at 610-431-4242 to register.

The WCASC and The Hardy Perennials Garden Club would like to thank the West Chester Agway for donating supplies for our recent grass and pea planting projects! Please support them.

On June 1, 2011 the senior center is introducing a new meal option. The snack pack meal includes yogurt, fruit and breakfast bar. Snack packs will be stocked in the deli case each morning and can be enjoyed as a light breakfast or snack during the day. The cost of the snack pack is \$1.50 and will be available 4 days each week. No sign-up necessary and the meal will be offered on a first come first served basis.

Look for information on the "Name the Meal" contest at the center front desk.

MIND AND BODY

Zumba

This Latin inspired dance class is held Tuesdays and Thursdays at 2:00. \$3 for members, \$5 for non-members

Arthritis Foundation Exercise Class

This class is held Mondays, Wednesdays, and Fridays at 10:30. Free to members.

Tai Chi

Tai Chi is held on Fridays at 9:00 am. \$3 for members, \$5 for non-members

Healthy Steps in Motion

These classes, on Tuesdays and Thursdays at 10:30, focus on flexibility, strength, balance, and fall prevention. Free to members.

Yoga

Yoga is held on Tuesdays and Thursdays at 11:30 am. \$3 for members, \$5 for non-members

SilverSneakers

Classes are Mondays and Wednesdays and Fridays at 11:15. Free to members and Silver Sneakers participants.

SilverSneakers Cardio Circuit

Cardiovascular exercise is the highlight of this class offered on Mondays and Wednesdays at 9:15. Free to members and Silver Sneakers participants.

Ping Pong Club

Experienced players meet Thursdays at 12:30 in the dining room. Beginners meet on Mondays at 10:30 in the dining room. Other times available!

Line Dancing

Line Dancing is held on Fridays at 1:00 pm. \$3 for members, \$5 for non-members

Wii and Wii Fit

The Wii is available to play most days. Stop by the dining room for fitness fun!

Low Impact Aerobics

This class is held on Tuesdays and Thursdays at 9:15. Free to members. \$5.00 for non-members

German Club

The German Club meets Wednesdays at 10 am.

Italian Class

A conversational Italian Class meets Mondays at 10:30.

Bible Study

This non-denominational group meets on the 2nd and 4th Thursday at 9:30 and is led by Jim Shackleton from Great Valley Presbyterian Church.

Brain Aerobics

Join us for a variety of games and brain exercises to help keep your mind fit on Fridays at 9:30!

Bridge

The bridge group meets on Mondays and Thursdays from 12:00 to 3:00.

Photography Club

The Photo Club will meet on May 19 at 10:00.

Art Appreciation Club

The Art of the Poster will be the focus on Thursday, May 12 at 10:00. Examples from the 1890s through two World Wars and the Depression will be shown.

Pinochle

Pinochle players meet on Wednesdays and Fridays at 10 & 12:30. Instruction is available.

Rummikub

Come to the café on Mondays, Wednesdays, and Fridays at 12:30 and join the fun of rummikub.

Knitting and Crocheting Club

The "knitwits" meet Tuesdays at 12:45. The group is currently making lap robes and baby caps.

Quilting

The quilters meet the 2nd and 4th Tuesdays of the month at 12:45. No sewing experience needed!

Craft Club

Crafters meet Fridays at 12:45. No experience needed! Please come and bring your ideas!

Computer Assistance

Computer help is available in the computer room on Tuesdays from 1:00 to 2:30.

Computer Forum

Doug Fairchild and Charlie Eisenfelder will lead the discussions on Thursday, May 5 & 19 at 1:00.

WCASC Chorus

The Chorus meets on Thursdays at 1:00. New members are welcome. Please call Jim Mobile at the Center for more information.

Nurse

Mary Jo Baldino from Neighborhood Health Agencies, Inc. comes to the Center for free blood pressure screenings on Tuesdays at 10:00.

Chess

The Chess Club meets on Fridays at 12:30.

Hardy Perennials

Our garden club will meet on Monday, May 16 at 12:45 this month. Please note the date change.


Current Events

This discussion group meets on Tuesdays at 10:30.

We are hoping to restart the Book Club. Please contact Mary Kline at 610-431-4242 if you are interested in joining or have any ideas or suggestions.

**EXERCISE CARDS NOW AVAILABLE.
12 CLASSES FOR \$30.**

May 2011 Programs at the Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class/ Ping Pong 11:15 SilverSneakers 11:15 Bingo 12:00 Bridge 12:45 Bingo/ Rummikub 12:45 R.A.D. Class</p>	<p>3</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion/Current Events/ Computer Q & A 11:30 Yoga 12:45 Knitting Club 1:00 Computer Assistance 2:00 Zumba 6:00 Bingo</p>	<p>4</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Pinochle 1:00 Matter of Balance</p>	<p>5</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Hydration Screening & BPs 10:30 Healthy Steps in Motion 10:30 Drawing 11:30 Yoga 12:00 Bridge 12:40 Ping Pong 1:00 Computer Forum</p>	<p>6</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:45 Crafts/Bingo/Pinochle 12:45 Biggest Mover Kick-off! 1:00 Line Dancing</p>
<p>9</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class/ Ping Pong 11:15 SilverSneakers 11:15 Bingo 12:00 Bridge 12:45 Bingo/ Rummikub 12:45 R.A.D. Class 1:00 Today's Military Experiences</p>	<p>10</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion/Current Events/ Computer Q & A 11:30 Yoga 12:45 Knitting Club/Quilting Club 1:00 Computer Assistance/ FAN Club 2:00 Zumba 6:00 Bingo</p>	<p>11</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle/Blood Pressures 10:30 Arthritis Exercise Class 11:15 SilverSneakers/Bingo 12:30 Pinochle/ Rummikub/Bingo 1:00 Matter of Balance 1:00 Wellness Workshop</p>	<p>12</p> <p>8:00 Breakfast 8:30 55 Alive 9:15 Low Impact Aerobics 10:00 Art Appreciation 10:30 Healthy Steps in Motion 10:30 Drawing 11:30 Yoga 12:00 Bridge 12:40 Ping Pong</p>	<p>13</p> <p>8:00 Breakfast 8:30 55 Alive 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>16</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class/ Ping Pong 11:15 SilverSneakers/ Bingo 12:00 Bridge 12:45 Bingo/ Rummikub 12:45 R.A.D. Class 12:45 Garden Club</p>	<p>17</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion/ Current Events/ Computer Q & A 11:30 Yoga 12:45 Knitting Club 12:45 Movie: The King's Speech 1:00 Computer Assistance 2:00 Zumba 6:00 Bingo/Medicare 101</p>	<p>18</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:00 Birthday Party & Entertainment 12:30 Pinochle 1:00 Matter of Balance</p>	<p>19</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:00 Photo Club 10:30 Healthy Steps in Motion /Drawing 11:30 Yoga 12:00 Bridge 12:45 Dimensions of Wellness 12:45 Ping Pong 1:00 Computer Forum</p>	<p>20</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics/Pinochle/ 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>23</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Ping Pong 11:15 SilverSneakers/ Bingo 12:00 Bridge 12:45 Bingo/ Rummikub 12:45 R.A. D. Class 1:00 Caring for the Caregivers</p>	<p>24</p> <p>8:00 Breakfast 8:30 55 Alive 10:00 Nurse 10:30 Healthy Steps in Motion/Current Events 11:30 Yoga 12:45 Knitting Club /FAN Club/Quilting 1:00 Computer Assistance 2:00 Zumba 6:00 Bingo</p>	<p>25</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 Pinochle/Blood Pressures/German Club 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Pinochle/Rummikub/Bingo 1:00 Matter of Balance 1:15 Parkinson's Support Group</p>	<p>26</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:30 Healthy Steps in Motion /Drawing 11:30 Yoga 12:00 Bridge 12:40 Ping Pong 12:45 Functional Fitness Testing</p>	<p>27</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics/Pinochle/ 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>30</p> <p>WCASC CLOSED</p>	<p>31</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion/Current Events 11:30 Yoga 12:45 Knitting Club 1:00 Computer Assistance 2:00 Zumba 6:00 Bingo</p>		<p>JOIN US FOR THE GREAT RACE ON SATURDAY, MAY 21!</p>	<p>BINGO! Every Tuesday Evening Cash Prizes Refreshments Doors open at 5pm Bingo begins at 6pm</p>

May 2011 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Italian Sausage w/Peppers & Onions Carrots Spinach Steak Roll Banana</p>	<p>3</p> <p>Spaghetti w/ Meatballs Romaine Salad Green Beans Wheat Dinner Roll Orange</p>	<p>4</p> <p>Tomato Soup Tossed Salad Chicken w/ Garlic Sauce Broccoli & Cauliflower Rice Pilaf Dinner Roll Apple Pie w/Topping</p>	<p>5</p> <p>Orange Juice Salisbury Steak Whipped Sweet Potatoes Broccoli Whole Wheat Bread Graham Crackers Chocolate Pudding</p>	<p>6</p> <p>Romaine Salad Broccoli Quiche Tater Tots Whole Grain Roll Caesar Dressing Apple</p>
<p>9</p> <p>Chicken Noodle Soup Cheeseburger on Bun Lettuce & Tomato Cole Slaw German Chocolate Cake</p>	<p>10</p> <p>Tossed Salad Chicken Parmesan Spaghetti w/Sauce Spinach Multi Grain Roll Vanilla Pudding</p>	<p>11</p> <p>Roast Turkey w/ Gravy Peas & Carrots Stuffing Cranberry Sauce Whole Wheat Bread Banana</p>	<p>12</p> <p>Vegetable Soup Meatloaf Green Beans Rice Whole Wheat Bread Applesauce</p>	<p>13</p> <p>Swedish Meatballs Noodles Broccoli Rye Bread Diced Pears</p>
<p>16</p> <p>Cranberry, Juice Tuna on Bun Lettuce & Tomato Cole Slaw Oreo Cookies</p>	<p>17</p> <p>Pineapple Juice Sloppy Joe on Bun Carrots Tater Tots Orange</p>	<p>18</p> <p>Birthdays Party Ham Steak w/Fruit Sauce Green Beans Corn Cake & Ice Cream</p>	<p>19</p> <p>Tossed Hot Roast Beef Sandwich Mashed Potatoes Whole Wheat Bread Pineapple Tidbits</p>	<p>20</p> <p>Apple Juice Veal Parmesan w/ Cheese Pasta w/Tomato Sauce California Mixed Vegetables Rye Bread Diced Peaches</p>
<p>23</p> <p>Minestrone Soup Chicken Salad on Bun Three Bean Salad Cole Slaw German Chocolate</p>	<p>24</p> <p>Apple Juice Meatball Sandwich Pickled Beets Potato Salad Steak Roll Orange</p>	<p>25</p> <p>Apple Juice Roast Pork Loin Mashed Potatoes Green Beans Dinner Roll Granola Bar</p>	<p>26</p> <p>Chopped Romaine Chili Con Carne Carrots Rice Corn Muffin Banana</p>	<p>27</p> <p>Fried Fish Stewed Tomatoes Tater Tots Whole Grain Roll Vanilla Pudding</p>
<p>30</p> <p>WCASC CLOSED</p>	<p>31</p> <p>Cream of Celery Soup Grilled Chicken w/ Garlic Sauce Harvard Beets Brown Rice Whole Wheat Dinner Roll Mandarin Oranges</p>		<p>Senior Center membership is not required for individuals 60 and older to participate in the congregate meal program. All Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost to you for the meal but you must contact the Senior Center to reserve your meal two days in advance of meal service. A voluntary confidential contribution is appreciated toward the cost of the meal but is not required.</p>	<p>Cold lunch alternative is available Tuesday through Friday. You MUST reserve meal 3 days in advance.</p>

Join us for our May Birthday Party on Wednesday, May 20. The O'Suches will entertain. Please make your reservations at least three days in advance.

1-May

James Gregg

2-May

Millie DiBussolo

3-May

Shannon Royer

Ann Beury

M. Staarman

Jean Staton

4-May

Betty (Doreen) Osmond

5-May

William Young

Beatrice Conner

Mary Rita Coffey

Michael Dutcher

6-May

Elizabeth Ivey

7-May

Frances Alesiani

Geraldine Boggs

Margaret Iraca

Luther Clark

Eileen McDade

8-May

Celeste Selin

Doris Wood

9-May

Gertrude Barnes

Inger Zeller

Marion Matthews

10-May

Dan O'Brien

12-May

Elizabeth Strode

Natalie Sheller

Stephen MacLean

13-May

Susan Sam

Barbara Weir

Mary Rita Filano

Catherine Doan

Peggy Vinnacombe

14-May

Lillian Reiss

Ray Doyle

James Sanders

Mary Cavanaugh

Deng Yang

15-May

Robert Lorgus

Patricia Ross

Thelma Mandelberg

16-May

Herbert Balian

Elizabeth Webb-Lutz

Jessie Engan

John Nolan

Barbara Irons-Gaddy

17-May

Loretta Durnell

Jacklyn Ashby

Nancy Walton

Raymond Hulse

AdriAnne Hinsdale

18-May

Eleanor Dew

Elizabeth Krausser

19-May

Chester Bishop

Larue Morgan

Dianne Southard

20-May

Peter Iannotta

Julia Vitale

Marie Tyson

John Hanft

Lorraine Nowlan

21-May

Donald Lammey

Carl Cranmer

22-May

Charles Bishop

23-May

Joan Nolan

24-May

Marie Taylor

Franklin Marshall

25-May

Emilie Grunwell

Philomena Fernandes

26-May

Evelyn Baker

George Lentz

Martha Butts

Joan Sullivan

Mary Ranaudo

27-May

Pauline Hill

Nancy Sylvester

28-May

Margaret Kaufmann

Cecilia Gomolka

Harriette Clark

29-May

Jean Harris

Marie Denis

30-May

Robert Phillips

31-May

Michael Cotter

Elsie Flachs

Mary Cunningham

Caring for the Caregivers

You may not think of yourself as a caregiver. You may feel you are just doing something natural - just caring for someone you love. Some caregivers are family members. Others are friends.

Giving care can mean helping with daily needs, including going to doctor visits, making meals, and picking up medicines. It can also mean helping your loved one cope with feelings, like when he or she feels sad or angry. Sometimes having someone to talk to is what your loved one needs most. While giving care, it's normal to put your own needs and feelings aside. But putting your needs aside for a long time is not good for your health. You need to take care of yourself, too. If you don't, you may not be able to care for others. This is why you need to take good care of **you**. Join us on Monday, **May 23 at 12:45 pm** for a program on Caring for the Caregivers given by Pat Myatt from Neighborhood Health Agencies, Inc.

Functional Fitness Testing

It is important to have adequate strength, flexibility, and endurance to accomplish everyday tasks.

WCASC will be offering functional fitness testing to assess your level of fitness on **May 26 at 12:45**. Participants receive a personal profile form after the testing. Please stop by the front desk or call the Center at 610-431-4242 to make an appointment.

Hearing Clinics

Dr. Judith Curtin, AuD., will be at the Center on **May 4, 11, and 18**. Mr. Michael Piscotty will be here on **May 3 and 25**. Please call the Center at 610-431-4242 to schedule an appointment with Dr. Curtin. When scheduling for Mr. Piscotty, call 610-213-1867. *There is a fee for some services.*

WCASC MEAL PROGRAM

The WCASC serves breakfast **5 Days A Week from 8:00 to 9:30!** Breakfast is cooked to order for a suggested donation of \$3.50. Bring a friend and remember that all proceeds benefit the Center. All you can eat Smorgasbord Breakfast will be April 27 for \$5.00 from 7:30 to 10:00.

Lunch is served daily at noon for a \$1.50 suggested donation for those over 60 and \$4.55 for those under 60. Hot and cold lunches are available. Participants may order 2 meals a day. **Please notify us by 12:00 if you need to cancel your cold lunch.** You may pick up a complete menu at the Center or check it online @ wcseniors.org.

Cold lunch alternative is available Tuesday through Friday. You MUST reserve meal 4 days in advance. Eat at the Center or take home. Available for pick up in the café between 9 and 2.

Week of May 3

Tues. – Ham & Cheese on Rye
Wed. – Seafood & Romaine Salad
Thurs. – Tossed Salad w/Egg Salad
Fri. – Tuna Salad

Week of May 17

Tues – Salad w/ Ham & Cheese
Wed. – Italian Hoagie
Thurs. – Chef Salad
Fri. – Tuna Salad on Rye

Week of May 10

Tues. –Chicken Salad on Wheat
Wed. – Corn Beef & Swiss on Rye
Thurs. – Antipasto Salad
Fri. – Chicken Caesar Salad

Week of May 24

Tues. –Chicken Salad & Romaine
Wed. – Turkey on Multi-grain
Thurs. – Cobb Salad
Fri. – Ham Salad Sandwich

WEST CHESTER AREA SENIOR CENTER

530 East Union Street
West Chester, PA 19382

Phone (610) 431-4242
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Check us out on the web!
www.wcseniors.org

enriching the lives of our senior neighbors through friendship, education, activities, and nourishment

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United Way Member Agency



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WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

