



West Chester Area Senior Center

530 East Union Street (610) 431-4242 FAX: (610) 429-9296
WWW.WCSENIORS.ORG
Monday-Friday 8:00 to 3:00

Preserving Your Memories

Dr. Angelo DiAntonio will discuss ways to preserve those valuable pictures you have. Scrapbooks, outside services, computer, cataloging and many other practical ideas will be presented. Join us on Wednesday, June 17th at 12:45.

The Phoenixville Senior Center Chorus will entertain on Wednesday, June 3 at 12:45!

PA Treasury Department Missing Money

Volunteers Bob and Anne Marie Mastrovito will give a presentation on determining if you have money being held by the Dept. of Treasury. No computer work on your part is required, but those with home computers will learn how to do the searches. The program will be Thursday, June 11 at 10:30. Please call to register by June 9th.

WCASC PLANNING COUNCIL

The West Chester Area Senior Center will be electing new members to the 2009 Planning Council the week of June 22nd. All Center members are encouraged to vote for four of our six candidates. The four candidates elected will serve a three year term on our active Planning Council. The Planning Council serves many purposes to our center, providing feedback on programs offered, suggesting new programs, and assisting in fundraising. We would like to thank our exiting Planning Council members Sally Austin, Eleanor Dew, and John Strommer for a job well done. We would also like to thank our current planning council members for their continued success! Please come and meet the candidates at lunch on Monday, June 22nd.

Upcoming Programs

- Aging With Wisdom Panel will provide information on making sure that your financial and legal documents are in order on Monday, June 1 at 1:00.
- Jon Ewald, Sen. Dinniman's Constituent Outreach Representative, will be at the Center on Thursday, June 14th at 12:30. Stop by for assistance with state programs and other information.
- An Apprise counselor will be at the Center on Monday, June 8th to assist with Medicare counseling. Please call for an appointment.
- *Women in the Military* DVD will be shown on Wednesday, June 10th at 12:45.
- A Banker's Life representative will present a Medicare review on Monday, June 8 at 1:00.
- AngeliCare will offer a program on Safety in the Home on Wednesday, June 24th at 12:45.

Basic Computer Class

WCASC volunteer, Kay Croll, will offer a free 4 week computer class beginning June 5 at 10:00. System tools, naming and moving files, menus, and desktops will be discussed. Class size is limited, so please register by calling the Center at 610-431-4242.

West Chester Area Senior Center

STAFF MEMBERS

Jeanne Edwards	<i>jeannee@wcseniors.org</i>	Executive Director
Mary Kline	<i>maryk@wcseniors.org</i>	Program Coordinator
Philip Picone	<i>philip@wcseniors.org</i>	Meal Supervisor
Doris Russell	<i>dorisr@wcseniors.org</i>	Asst. Bookkeeper
Mia Jones	<i>miaj@wcseniors.org</i>	Data Entry
Mary Ann McMullan	<i>maryannm@wcseniors.org</i>	Executive Assistant
Lee Grunwell	<i>leeg@wcseniors.org</i>	Bookkeeper
Rachel Sierk	<i>rachels@wcseniors.org</i>	Health & Wellness Coordinator
Betty Daniels		Custodian
Rose Marie Klasky		Office Assistant
Marian London		Kitchen Assistant
Jim Mobile	<i>IQStudios@aol.com</i>	Technology & Volunteer Coordinator

INSTRUCTORS

Pearl Burger, Kerry Blackburn, Dorothe Cialini, Kay Croll, Art Dougherty, Ray Doyle, Pierina Disciullo, Doug Fairchild, Margaret Giunta, Lee Hickman, Ziran Huang, Betty Kane, Anthony Lorenzo, Mariane Pepler, Pat Ross, Judith Rodriguez, Claire Surr, Pam Walsh, Gretchen Webb, Debbie Williams, and Glee Young.

Smorgasbord Breakfast!

Our Smorgasbord breakfast will be held Wednesday, June 24th from 7:30 am to 10 am. All you can eat for a suggested donation of \$5.00. The menu includes scrambled eggs, pancakes, bacon, sausage, home fries, toast, fresh fruit and coffee or tea.

Mouthwatering Meals

The WCASC serves breakfast 5 Days A Week from 8:00 to 9:30! Breakfast is cooked to order for a suggested donation of \$3.50. Lunch is served daily at noon for a \$1.50 suggested donation for those over 60 and \$4.55 for those under 60. Please call your lunch reservations in at least 3 days in advance.

If you are renewing your membership or are becoming a new member, please remember to fill out both sides of the membership form.

Tired of the Post Office delivering your newsletter late? If you would like to pick up your newsletter at the Center or read it online by the last week of the month, please contact Mary Ann McMullan at 610-431-4242 or e-mail her at *maryannm@wcseniors.org*. You will then be taken off of the newsletter mailing list and may pick up your newsletter at the front desk. Newsletters will only be distributed to those who have chosen this option.

TAG DAY

The Center's annual Tag Day will be held on Friday, June 5th. Fundraisers such as Tag Day enable us to continue to provide quality programs to our participants and the community. If you are interested in volunteering or would like to make a donation, please contact Mary Kline at 610-431-4242.

MEDICARE 101

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, or you just want to understand what this Federal program is all about, this session is for you. The volunteers of the State Health Insurance Program—APPRISE invite you to a free update session for Chester County residents on Tuesday, June 2 at 6:00 pm. Please reserve your seat by calling the Center at 610-431-4242.

MIND AND BODY

Arthritis Foundation Exercise Class

This class is held Mondays, Wednesdays, and Fridays at 10:30. *Free to members.*

Tai Chi

Tai Chi is held on Fridays at 9:00 am. \$3 for members, \$5 for non-members

Basic Tai Chi

This basic class is held on Mondays at 2:00. \$3 for members, \$5 for non-members

Healthy Steps in Motion

These classes, on Tuesdays and Thursdays at 10:30, focus on flexibility, strength, balance, and fall prevention. *Free to members.*

Yoga

Yoga is held on Tuesdays and Thursdays at 11:30 am. \$3 for members, \$5 for non-members

Strength and CORE Training

This 45 minute strength training class is held at 1:00 on Tuesdays and Thursdays. *Last class will be June 11, 2009.*

Silver Sneakers

Classes are Mondays and Wednesdays and Fridays at 11:15. *Free to members and Silver Sneakers participants.*

Silver Sneakers Cardio Circuit

Cardiovascular exercise is the highlight of this class offered on Mondays and Wednesdays at 9:15. *Free to members and Silver Sneakers participants.*

Ping-Pong Club

Meets Mondays at 12:30 & Thursdays at 11:15. Please come and use our table! Other times are also available.

Line Dancing

Line Dancing is held on Fridays at 1:00 pm. \$3 for members, \$5 for non-members

Low Impact Aerobics

This class is held on Tuesdays and Thursdays at 9:15. *Free to members.*

German Club

The German Club meets Wednesdays at 10 am.

Spanish Class

Spanish class will be taking the summer off and will return in September.

Italian Class

A conversational Italian Class meets Mondays at 10:30.

Bible Study

This non-denominational group meets on the 2nd and 4th Thursday at 9:30 and is led by Jim Shackleton from Great Valley Presbyterian Church.

Current Events

This discussion group meets on Tuesdays at 10:30.

Game Club

This new group will meet on Tuesdays at 12:45. Work your brain while having fun!

Bridge

The bridge group meets on Mondays and Thursdays from 12:00 to 3:00.

Photography Club

The Photo Club will meet June 18th at 10:00.

Art Appreciation Club

The Art Appreciation Club will meet June 11th at 10:00. Spanish artist, Francisco de Goya will be presented.

Pinochle

Pinochle players meet on Wednesdays and Fridays at 10 & 12:30. Instruction is available.

Rummikub

Come to the café on Wednesdays and Fridays at 12:30 and join the fun of rummikub.

Knitting and Crocheting Club

The "knitwits" meet Tuesdays at 12:45. The group is currently making lap robes for Pocopson Home residents and baby hats for the Chester County Hospital nursery.

Quilting

The quilters meet the 2nd and 4th Tuesdays of the month at 12:45.

Craft Club

Crafters meet Fridays at 12:45. No experience needed! Please come and bring your ideas!

Computer Assistance

Computer help is available in the computer room on Tuesdays from 1:00 to 2:30.

Computer Forum

Doug Fairchild will lead the discussion on Thursday, June 4 and 18 at 1:00.

WCASC Chorus

The Chorus practices on Thursdays at 1:00. New members are welcome. Please call Jim Mobile at the Center for more information.

Audiologist

Mike Piscotty will be at the Center on Wednesday, June 24th. Please call Doris to schedule your appointment. *There is a fee for some services.*

Nurse

Mary Jo Baldino from Neighborhood Health Agencies, Inc. comes to the Center for free blood pressure screenings and weights on Tuesdays at 10:00.

WCASC Book Club

The Book Club will meet on Thursday, June 11th at 1:00. This month's book is *Dewey: The Small Town Cat Who Touched The World* by Bret Witter.

Chess

The Chess Club meets on Fridays at 12:30. Instruction will be available.

June 2009 Programs at the Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 SilverSneakers 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 1:00 Aging with Wisdom Panel 1:00 Chinese Class 2:00 Basic Tai Chi</p>	<p>2</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club/Game Club 1:00 Computer Assistance/Strength Training 6:00 APPRISE- Medicare 101</p>	<p>3</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub 12:45 Phoenixville Senior Center Chorus</p>	<p>4</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:30 Healthy Steps in Motion I/Drawing 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 1:00 Strength Training/ Chorus/ Computer Forum</p>	<p>5</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/Bingo 12:30 Rummikub/ Chess/Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>8</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 SilverSneakers 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 1:00 Chinese Class 1:00 Medicare Review 2:00 Basic Tai Chi</p>	<p>9</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club/ Quilting/Game Club 1:00 Computer Assistance 1:00 Spanish Class/ Strength Training</p>	<p>10</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub 12:45 Movie: Women in the Military</p>	<p>11</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:00 Art Appreciation 10:30 Healthy Steps in Motion I/Drawing 10:30 Missing Money Presentation 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Sen. Dinniman Constituent Outreach 1:00 Chorus/ Book Club/ Strength Training</p>	<p>12</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>15</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 SilverSneakers/ Bingo 12:00 Bridge 12:30 Ping Pong/Bingo 1:00 Chinese Class 1:00 Vision Screening 2:00 Basic Tai Chi</p>	<p>16</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Current Events/Computer Q & A 10:30 Healthy Steps in Motion I 11:30 Yoga 12:45 Knitting Club/ Game Club 1:00 Computer Assistance</p>	<p>17</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Pinochle/Rummikub 12:45 Preserving Your Memories 12:45 Annual Meeting 1:00 Board Meeting</p>	<p>18</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:00 Photo Club 10:30 Healthy Steps in Motion I/Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 1:00 Chorus/ Computer Forum</p>	<p>19</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>22</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 SilverSneakers/Bingo 12:00 Birthday Party with Entertainment 12:00 Bridge 12:30 Ping Pong 1:00 Chinese Class 2:00 Basic Tai Chi</p>	<p>23</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Current Events/Computer Q & A 10:30 Healthy Steps in Motion I 11:30 Yoga 12:45 Knitting Club/Quilting/Game Club 1:00 Computer Assistance</p>	<p>24</p> <p>7:30 Smorgasbord Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Pinochle/Rummikub 1:00 Safety in Your Home</p>	<p>25</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:30 Healthy Steps in Motion I/ Drawing 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 1:00 Chorus/ Computer Forum</p>	<p>26</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 Bingo/SilverSneakers 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts 1:00 Line Dancing</p>
<p>29</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 Bingo 11:15 SilverSneakers 12:00 Bridge 12:30 Ping Pong/Bingo 2:00 Basic Tai Chi</p>	<p>30</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps /Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club/Quilting/Game Club 1:00 Computer Assistance</p>	<p>JOIN US FOR OUR SMORGASBORD BREAKFAST ON WEDNESDAY, JUNE 27th FROM 7:30 TO 10:00. ALL YOU CAN EAT FOR JUST \$5.00!</p>	<p>FRIDAY, JUNE 5TH IS WCASC TAG DAY! PLEASE HELP SUPPORT THE CENTER.</p>	<p>BINGO! Every Tuesday Evening Cash Prizes Refreshments Doors open at 5pm Bingo begins at 6pm</p>

June 2009 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Manhattan Clam Chowder Lemon Pepper Pollock Pierogies Stewed Tomatoes Rye Bread Tangerine	2 Tossed Salad Sloppy Joe Sandwich on Bun Potato Wedges California Blend Vegetables Chocolate Pudding	3 Cranberry Juice Broiled Chicken w/ Garlic Sauce AuGratin Potatoes Lettuce & Tomato Wheat Bun Tropical Fruit	4 Orange Juice Swedish Meatballs Buttered Noodles Spinach Whole Grain Roll Chocolate Cake	5 Potato Soup Tuna Salad Three Bean Salad Cole Slaw Pasta Salad Whole Wheat Bun Banana
8 Tossed Salad Veal Parmesan Pasta w/ Tomato Sauce California Blend Vegetables Rye Bread Vanilla Ice Cream	9 Minestrone Soup Cheese Steak Potato Wedges Broccoli Jr. Hoagie Roll Pear	10 Cranberry Juice Grilled Chicken w/ Mushrooms, Peppers, & Onions Rice Pilaf French Green Beans Wheat Roll Apple	11 Grape Juice Roast Pork w/Gravy Peas & Carrots Mashed Potatoes Wheat Bread German Chocolate Cake	12 Chicken Noodle Soup Cheeseburger on Bun Lettuce & Tomato Tatar Tots Orange
15 Baked Chicken Leg Baked Potato w/ Sour Cream Japanese Mixed Vegetables Wheat Dinner Roll Vanilla Pudding Graham Crackers	16 Cream of Celery Soup BBQ Riblet Baked Beans Cole Slaw Jr. Hoagie Roll Orange Cake	17 <u>FLAG DAY LUNCHEON</u> Romaine Salad Roast Top Round of Beef Egg Noodles Peas & Pearl Onions Whole Wheat Dinner Roll Orange Cake	18 Orange-Pineapple Juice Hot Roast Beef Sandwich Carrots Mashed Potatoes White Bread Brownie	19 Crab Cake Macaroni & Cheese Stewed Tomatoes Wheat Bread Apple
22 <u>BirthDay Party</u> Salisbury Steak Noodles & Gravy Broccoli Whole Grain Roll Cupcakes & Ice Cream	23 Romaine Lettuce Italian Sausage w/ Pepper, Onions, & Tomato Sauce Spinach Jr. Hoagie Roll Diced Peaches	24 Vegetable Soup Ham & Cheese Quiche String Beans Steamed Rice Rye Bread Tropical Fruit	25 Tossed Salad w/ Pepper Ring Hot Turkey Sandwich Mashed Potatoes Japanese Mixed Vegetables White Bread Chocolate Cookies	26 Chicken Parmesan Pasta w/ Tomato Sauce Winter Mixed Vegetables Italian Bread Pineapple Tidbits
29 Tomato Soup Meatloaf W/ Gravy Canded Sweet Potatoes Peas & Carrots Rye Bread Granola Bar	30 Chopped Romaine Stuffed Pepper Half Corn Italian Bread Apricot Halves		Cold lunch alternative is available Tuesday through Friday. <u>You MUST reserve meal 3 days in advance.</u> Cold lunches are not available when there is a special luncheon.	Cold lunch entrée is on page 6. A complete menu is available at the Center and online at wcseniors.org.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

**Join us for our June Birthday Party on June 22nd. Bill & Carol Lea's
Country Band will entertain. Please make your reservations at least
three days in advance.**

1-Jun
Hildegard Weiser

2-Jun
Charles Porter
Antonia Spena
Darlene Helman
Catherine Flemming

3-Jun
Audna Bitner
Elizabeth Mitchell
Robert Huntoon

4-Jun
Dawn Flewellen

5-Jun
David McCardell
Patricia Gysling
Erwin Zeller
Anthony Bullotta
Mary Ann McMullan

6-Jun
Emily Beck
Roger Grigson

7-Jun
Lawrence Wadsworth
Margaret Ludwig

8-Jun
Joseph Menna

9-Jun
Stella John

11-Jun
William Johnson
Clair Brooks
Helen Diffenbach

12-Jun
C. Broadbelt

13-Jun
Bertha Pascuzzi
Antoinette Moran
Larry Reimer
Antoinette Schorn

14-Jun
Arthur Pielli
Anna Barr
Nancy Lavin
Ruth Young

15-Jun
Theresa Poley

16-Jun
Ruth Brittingham
K. A. Misser
Lillian Cohen
Thomas Malcolm
Luis Correa

17-Jun
Donald Lundberg
Diana Volcheck
June Newnham
Albert Dorazio
Don Kirkpatrick

18-Jun
Bertha Anderson
Marjorie McDonald
Constance Worth
A. Caroline Dow
Sylvia Paton

19-Jun
Joseph Congleton
Marge Gotshall
Geoffrey Ruth
Alfred Miller

20-Jun
Margaret Anderson
Neil Bell
Leo Lenahan

21-Jun
Scott Seymour
Alice Casner
Patricia McIlvaine
Kay Ricker
Ernestine Richardson

Robert Carnwath
Claire Panosian

22-Jun
Robert Watson
Frank Dwyer

23-Jun
Trudy Dalton

24-Jun
Kurt Fehrle
Theresa Fehrle
John Keslick
Kent Ochs
Catherine Schmidt

25-Jun
Mary Ann Colavita
Mary Scaperotto

26-Jun
Norma Morgan
Richard McIlvaine
Bernita Saar

27-Jun
Gertrude Kelly

28-Jun
Margaret Gale
Ann Messina
Alston Meade

29-Jun
Marian Gleason
M. Naomi Moore
Joseph Montgomery
Carol Ann Thomas

30-Jun
Nancy Reid
Claire Kennedy
Etheldreda Cassidy
Gladys Longacre
June Reedy
William Evans

HEALTH AND WELLNESS NEWS

Functional Fitness Testing

It is important to have adequate strength, flexibility, and endurance to accomplish everyday tasks. WCASC will be offering functional fitness testing to assess your level of fitness on **June 8th and 24th at 12:30**. Participants receive a personal profile form after the testing. Please stop by the front desk or call the Center at 610-431-4242 to make an appointment.

Know Your Blood Sugar

Claire Surr, Diabetes Nurse Practitioner, will be to help with blood sugar checks on **Wednesday, June 3rd from 9:00 to 11:00**.

Vision Screening

The Center for the Blind and Visually Impaired will offer free vision screenings on **Monday, June 15th from 1 pm to 2 pm**.

Hearing Clinics

Dr. Judith Curtin, Aud., will be at the Center on **Wednesday, June 3, 10, and 17** for hearing clinics, hearing aide cleanings, and consultations. Please make an appointment by calling the Center at 610-431-4242. *There is a \$10 fee for hearing screenings.*

Game Club

Do you like playing games but haven't had a chance in awhile? Do you want to work your brain in a fun way? Come join our new game club meeting **Tuesdays at 12:45**. We will be playing a variety of different games, so you won't get bored! You are welcome to bring along your favorite game.

Cold Lunch Alternatives (must be ordered 3 days in advance)

Week of June 1

Tues. – Ham & Swiss on Rye
Wed. - Seafood & Romaine Salad
Thurs. – Cob Salad
Fri. – Tuna Salad on Kaiser Roll

Week of June 15

Tues – Tossed Salad with Ham & Cheese
Wed. – Italian Hoagie

Thurs. – Chef Salad with Ham, Turkey & Cheese

Fri. – Tuna Salad on Rye Bread

Week of June 29

Tues. – Ham & Swiss on Rye

Week of June 8

Tues. – Chicken Salad on Wheat
Wed. – Roast Beef & Swiss on Rye
Thurs. – Chicken Caesar Salad
Fri. – Egg Salad on Pumpernickel

Week of June 22

Tues. – Chicken Salad on Romaine
Wed. – Turkey Breast on Multi-Grain Bread
Thurs. – Chef Salad with Ham, Turkey & Cheese
Fri. – Ham Salad Sandwich

Cold lunches are not available on Mondays. You may pick up a complete menu at the Center or check it online @ wcseniors.org. Please specify hot or cold lunch when making your lunch reservations. Participants may order 2 meals a day. The hot meal is to be eaten at the Center and the cold lunch may be taken home.

**WEST CHESTER AREA SENIOR
CENTER**

530 East Union Street
West Chester, PA 19382

Phone (610) 431-4242
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Check us out on the web!
www.wcseniors.org

*enriching the lives of our senior
neighbors through friendship,
education, activities, and nourishment*

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West Chester, PA

United Way Member Agency



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WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

