

August 2010

Volume 34 Issue 8



WEST CHESTER AREA SENIOR CENTER

Senior News & Views

West Chester Area Senior Center

530 East Union Street (610) 431-4242 FAX: (610) 429-9296

WWW.WCSENIORS.ORG

Monday-Friday 8:00 to 3:00

WCASC

PLANNING COUNCIL

West Chester Area Senior Center's newly elected Planning Council members are: Roger Braun, Dorothe Cialini, Mark Frison, Ann Richardson, and Antoinette Schorn. Planning Council members help evaluate programs, assist with fundraisers, and are "goodwill" ambassadors of the Center.

We also thank all of our outgoing members for all their hard work.

Overview of I&A

Wednesday, August 11th 12:45 PM

Come and join us for an overview of our Information and Assistance Program. Ellen McCabe will discuss entitlement programs available to income eligible participants and also information on community resources, Department of Aging Programs and APPRISE Medicare Counseling. This will be an information session and appointments can be made with Ellen to discuss your individual needs.

If you would like to donate "new" or "gently used" medical equipment to the Center, please contact Ellen McCabe or Mary Kline. We are looking for walkers with wheels, and also personal walkers with hand brakes and a seat, wheel chairs and adjustable canes in very good condition. Please contact Ellen or Mary at 610-431-4242 to determine if the equipment meets our needs.

Computer Courses

Computer courses for all levels will begin in September. The cost for a four week session (1 hour per week) is \$50 for members and \$70 for non-members. Classes are held in our computer lab with one computer per student. Private instruction is also available. Through a generous donation from AUM Physical Therapy, we now offer scholarships to those in need. Please call the Center at 610-431-4242 for more information.

August Programs

- Geriatric physician Dr. Paula Patton will present a program on Healthy Aging on Monday, August 16 at 1:00.
- Blue Cross will present Medicare Matters Educational Meeting on Tuesday, August 10 at 10:00.
- The romantic comedy *The Proposal* starring Sandra Bullock and Betty White will be shown on Tuesday, August 24 at 12:45. If you would like to join us for a pizza lunch before the show, please make reservations at least 2 days in advance.
- Jon Ewald, Sen. Dinniman's Constituent Outreach Representative, will be at the Center on Thursday, August 12 at 12:30. Stop by for assistance with state programs and other information.

We need 5 minutes of your time! The WCASC is conducting a brief market study to help us determine how people generally seek out information about the Center and our services. We are encouraging all members, participants, and community members to go to our website, www.wcseiors.org and click on the link to the survey in the upper right hand corner. Thank you in advance for your feedback!

West Chester Area Senior Center

STAFF MEMBERS

Kathy Sullivan	<i>kathys@wcseniors.org</i>	Executive Director
Mary Kline	<i>maryk@wcseniors.org</i>	Program Coordinator
Philip Picone	<i>philip@wcseniors.org</i>	Meal Supervisor
Doris Russell		Asst. Bookkeeper
Mia Jones	<i>miaj@wcseniors.org</i>	Data Entry
Mary Ann McMullan	<i>maryannm@wcseniors.org</i>	Executive Assistant
Ellen McCabe	<i>ellenm@wcseniors.org</i>	Information & Assistance
Lorri Sarosy	<i>lorris@wcseniors.org</i>	Bookkeeper
Rachel Sierk	<i>rachels@wcseniors.org</i>	Health & Wellness Coordinator
Betty Daniels		Custodian
Rose Marie Klasky		Office Assistant
Marian London		Kitchen Assistant
Jim Mobile	<i>IQStudios@aol.com</i>	Technology & Volunteer Coordinator

INSTRUCTORS

Isabelle Allgood-Neal, Pearl Burger, Dorothe Cialini, Kay Croll, Arthur Dougherty, Ray Doyle, Pierina Disciullo, Charlie Eisenfelder, Doug Fairchild, Margaret Giunta, Lee Hickman, Betty Kane, Anthony Lorenzo, Marianne Pepler, Claire Surr, Gretchen Webb, Debbie Williams, and Glee Young.

We are always looking for new ideas for clubs, programs, and events. We hope to begin a poetry club in September and some participants have expressed an interest in a French conversation club and a cribbage group. If you have any interest in these groups or would like to coordinate a club, please contact Mary Kline @ 610-431-4242 or see a Planning Council member. We need your ideas, feedback, and suggestions.

Smorgasbord Breakfast!

Our Smorgasbord breakfast will be held Wednesday, August 25th from 7:30 am to 10 am. All you can eat for a suggested donation of \$5.00. The updated menu includes scrambled eggs, pancakes, bacon, sausage, home fries, fresh fruit, assorted cereals, coffee, tea, juice, and a 'bread bar'. Our smorgasbord is open to the public and proceeds benefit the Center. Join us and bring a friend!

BINGO!

WHERE: The West Chester Area Senior Center

WHEN: Every Tuesday evening

TIME: 5:00pm—Doors open. Refreshments available 6:00pm—Bingo begins.

WHO: Adults (No children under 18 permitted)

SPONSORED BY: West Chester Area Senior Center and The Exchange Club of West Chester to benefit the West Chester Area Senior Center and the Exchange Club charities

******The WCASC will be closed on Monday, September 6, 2010.******

The West Chester Area Senior Center encourages donors to work with their legal counsel to include a bequest donation as part of their estate planning. A bequest in which our Senior Center is named enables the Center to receive a percentage, a dollar amount, or the remainder of the donor's estate. Bequests enable donors to reduce their estate taxes while supporting our Center and our community. Please contact Kathy Sullivan, WCASC Executive Director, for more information.

MIND AND BODY

Arthritis Foundation Exercise Class

This class is held Mondays, Wednesdays, and Fridays at 10:30. *Free to members.*

Tai Chi

Tai Chi is held on Fridays at 9:00 am. \$3 for members, \$5 for non-members

Basic Tai Chi

This basic class is held on Mondays at 2:00. \$3 for members, \$5 for non-members

Healthy Steps in Motion

These classes, on Tuesdays and Thursdays at 10:30, focus on flexibility, strength, balance, and fall prevention. *Free to members.*

Yoga

Yoga is held on Tuesdays and Thursdays at 11:30 am. \$3 for members, \$5 for non-members

Silver Sneakers

Classes are Mondays and Wednesdays and Fridays at 11:15. *Free to members and Silver Sneakers participants.*

Silver Sneakers Cardio Circuit

Cardiovascular exercise is the highlight of this class offered on Mondays and Wednesdays at 9:15. *Free to members and Silver Sneakers participants.*

Ping-Pong Club

Meets Mondays at 12:30 & Thursdays at 11:15. Please come and use our table! Robo—pong is also available. No partner needed to hone your skills! Stop in for more information!

Line Dancing

Line Dancing is held on Fridays at 1:00 pm. \$3 for members, \$5 for non-members

Wii and Wii Fit

The Wii is available to play most days. Stop by the dining room for fitness fun!

Low Impact Aerobics

This class is held on Tuesdays and Thursdays at 9:15. *Free to members.*

German Club

The German Club meets Wednesdays at 10 am.

Spanish Class

We are currently looking for a Spanish instructor.

Italian Class

A conversational Italian Class meets Mondays at 10:30.

Bible Study

This non-denominational group will meet again in September.

Brain Aerobics

Join us for a variety of games and brain exercises to help keep your mind fit on Fridays at 9:30!

Current Events

This discussion group meets on Tuesdays at 10:30.

Bridge

The bridge group meets on Mondays and Thursdays from 12:00 to 3:00.

Photography Club

The Photo Club will meet on Thursday, August 19 at 10:00.

Art Appreciation Club

The Art Appreciation Club will resume in September.

Pinochle

Pinochle players meet on Wednesdays and Fridays at 10 & 12:30. Instruction is available.

Rummikub

Come to the café on Mondays, Wednesdays, and Fridays at 12:30 and join the fun of rummikub.

Knitting and Crocheting Club

The “knitwits” meet Tuesdays at 12:45. The group is currently making lap robes and baby caps.

Quilting

The quilters meet the 2nd and 4th Tuesdays of the month at 12:45.

Craft Club

Crafters meet Fridays at 12:45. No experience needed! Please come and bring your ideas!

Computer Assistance

Computer help is available in the computer room on Tuesdays from 1:00 to 2:30 beginning in September.

Computer Forum

Doug Fairchild and Charlie Eisenfelder will lead the discussions on Thursday, August 5 and 19 at 1:00.

WCASC Chorus

The Chorus is on summer vacation! Please call Jim Mobile at the Center for more information.

Nurse

Mary Jo Baldino from Neighborhood Health Agencies, Inc. comes to the Center for free blood pressure screenings and weights on Tuesdays at 10:00.

WCASC Book Club

The Book Club will meet in September.

Chess

The Chess Club meets on Fridays at 12:30. Instruction will be available.


Walking Club

A new walking club meets at West Goshen Park on Mondays and Fridays at 2:00. A group also meets at the center on Tuesdays and Thursdays at 10:00.

We have a large assortment of games.

Stop by or bring some friends and come play!

August 2010 Programs at the Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian 11:15 SilverSneakers/ Bingo 12:00 Bridge 2:00 Basic Tai Chi 2:00 Walking @ West Goshen Park</p>	<p>3</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse/ Walking Club 10:30 Healthy Steps in Motion 10:30 Current Events 11:30 Yoga 12:45 Knitting Club 6:00 Bingo</p>	<p>4</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle/Blood Pressures 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub</p>	<p>5</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Walking Club 10:30 Healthy Steps in Motion 10:30 Drawing 11:30 Yoga/ Ping Pong 12:00 Bridge 1:00 Computer Forum</p>	<p>6</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:45 Crafts/Bingo/Pinochle 1:00 Line Dancing 2:00 Walking @ West Goshen Park</p>
<p>9</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian 11:15 SilverSneakers/ Bingo 12:00 Bridge 12:45 It's a Grand Old Brain 2:00 Basic Tai Chi 2:00 Walking @ West Goshen Park</p>	<p>10</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse/ Walking Club 10:00 Blue Cross Medicare Program 10:30 Healthy Steps in Motion 10:30 Current Events 11:30 Yoga 12:45 Knitting Club 6:00 Bingo</p>	<p>11</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle/Blood Pressures 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub 12:45 I & A Overview</p>	<p>12</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:30 Healthy Steps in Motion 10:30 Walking Club 10:30 Drawing 11:30 Yoga/ Ping Pong 12:00 Bridge 12:30 Sen. Dinniman Constituent Outreach</p>	<p>13</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing 2:00 Walking @ West Goshen Park</p>
<p>16</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian 11:15 SilverSneakers/ Bingo 12:00 Bridge 12:45 Ping Pong/Bingo 1:00 Healthy Aging 2:00 Basic Tai Chi 2:00 Walking @ West Goshen Park</p>	<p>17</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse/ Walking Club 10:30 Current Events 10:30 Healthy Steps in Motion 11:30 Yoga 12:45 Knitting Club 12:45 Functional Fitness Testing 6:00 Bingo</p>	<p>18</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle/Blood Pressures 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:00 Birthday Party with Prize Bingo 12:30 Pinochle/Rummikub</p>	<p>19</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Walking Club/Photo Club 10:30 Healthy Steps in Motion /Drawing 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 1:00 Computer Forum</p>	<p>20</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing 2:00 Walking @ West Goshen Park</p>
<p>23</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian 11:15 SilverSneakers/ Bingo 12:00 Bridge 2:00 Basic Tai Chi 2:00 Walking @ West Goshen Park</p>	<p>24</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse/Walking Club 10:30 Current Events 10:30 Healthy Steps in Motion 11:30 Yoga 12:45 Knitting Club 12:45 Movie: The Proposal 6:00 Bingo</p>	<p>25</p> <p>7:30 Smorgasbord Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle/Blood Pressures 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Pinochle/Rummikub 12:45 Relaxation Session</p>	<p>26</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Walking Club 10:30 Healthy Steps in Motion I 10:30 Drawing 11:30 Yoga/ Ping Pong 12:00 Bridge</p>	<p>27</p> <p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing 2:00 Walking @ West Goshen Park</p>
<p>30</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian 11:15 SilverSneakers/ Bingo 12:00 Bridge 2:00 Basic Tai Chi 2:00 Walking @ West Goshen Park</p>	<p>31</p> <p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse/Walking Club 10:30 Current Events 10:30 Healthy Steps in Motion 11:30 Yoga 12:45 Knitting Club 6:00 Bingo</p>		<p>BINGO! Every Tuesday Evening Cash Prizes Refreshments Doors open at 5pm Bingo begins at 6pm</p>	

August 2010 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Romaine Lettuce Chicken Patty on Kaiser Roll Lettuce & Tomato Green Beans Tater Tots Carrot Cake	3 Swedish Meatballs Noodles Spinach Whole Wheat Bread Vanilla Pudding	4 Grilled Chicken w/ Peppers & Onions Mixed Vegetables Brown Rice Whole Wheat Bread Cantaloupe Pineapple Juice	5 Apple Juice Italian Sausage w/ Pepper & Onions Carrots Baked Potato w/ Sour Cream Corn German Chocolate Cake Soft Steak Roll	6 Minestrone Soup Tuna Salad w/ Swiss Cheese Tomato & Lettuce Three Bean Salad Seasonal Fruit
9 Orange Juice BBQ Chicken Leg Broccoli Brown Rice Whole Wheat Bread Tropical Fruit	10 Romaine w/ Caesar Dressing Pasta & Meatballs Italian Bread Grated Cheese Apricot Halves	11 Orange Juice BBQ Pulled Pork Cole Slaw Macaroni Salad Hoagie Roll Applesauce	12 Cream of Asparagus Cheeseburger on Bun Lettuce & Tomato Tater Tots Butterscotch Pudding	13 Tossed Salad w/ Ranch Veal Parmesan Pasta w/Tomato Sauce California Mixed Vegetables Wheat Roll Vanilla Ice Cream
16 Meatloaf Sandwich w/Gravy Zucchini & Tomato AuGratin Potatoes White Bread Pineapple Tidbits	17 Orange Juice Chicken Cacciatore French Green Beans Rice Pilaf Wheat Bread Tropical Fruit	18 <u>BirthDay Party</u> Pineapple Juice Roast Beef Sandwich w/ Gravy Peas & Carrots/ Mashed Potatoes Whole Wheat Bread Cupcakes & Ice Cream	19 Cranberry Juice Seafood Salad Lettuce & Tomato Pickled Beets Kaiser Roll Honey Dew or Seasonal Fruit	20 Romaine Lettuce Spaghetti & Meat Sauce Japanese Mix Vegetables Italian Bread Strawberry Shortcake
23 Cranberry Juice Hot Turkey Sandwich Broccoli Whipped Sweet Potatoes Rice Pudding Cranberry Sauce	24 Pizza And a Movie	25 Broiled Chicken w/ Pineapple Glaze Lettuce & Tomato Potato Wedges Kaiser Roll Tropical Fruit	26 Orange Juice Salisbury Steak Sandwich French Green Beans Rice Pilaf Wheat Bread Tropical Fruit	27 Tomato Soup Chicken Salad Sandwich Lettuce and Tomato Potato Salad Multi Grain Bun Orange
30 Cranberry Juice Roast Turkey Peas & Carrots Stuffing Whole Grain Roll Diced Peaches Cranberry Sauce	31 Romaine Lettuce Chicken Patty on Kaiser Roll Lettuce & Tomato Green Beans Tater Tots Carrot Cake	<p>Senior Center membership is not required for individuals 60 and older to participate in the congregate meal program. All Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost to you for the meal but you must contact the Senior Center to reserve your meal two days in advance of meal service. A voluntary confidential contribution is appreciated to ward the cost of the meal but is not required.</p>		

Cold lunch alternative is available Tuesday through Friday. You MUST reserve meal 3 days in advance. Eat at the Center or take home. Available for pick up between 9 and 2.

HEALTH AND WELLNESS PROGRAMS

It's A Grand Ol' Brain!

Sing songs, play games and win prizes in this fun Mental Health Awareness program focusing on staying healthy mentally. COAD will present this program at the Center on **Monday, August 9th at 12:45.**

Relaxation Session

Relaxation restores harmony and helps to create conditions for optimal living by releasing physical and mental tensions. Relaxation therapy can also reduce stress and the pain associated with it. Join us for a comfortable, low-key relaxation session and feel your stress and tension melt away. – **Wednesday, August 25 at 12:45 pm**

Functional Fitness Testing

It is important to have adequate strength, flexibility, and endurance to accomplish everyday tasks. WCASC will be offering functional fitness testing to assess your level of fitness on **August 17 at 12:45.** Participants receive a personal profile form after the testing. Please stop by the front desk or call the Center at 610-431-4242 to make an appointment.

Hearing Clinics

Dr. Judith Curtin, AuD., will be at the Center mornings of **August 4, 11, and 18** for consultations, screenings or for hearing aid cleanings. Please call the Center at 610-431-4242 to schedule an appointment.

There is a fee for some services.

Michael Piscotty, Audiologist will be here on **August 10 and 25.** When scheduling for Mr. Piscotty, please ask for Doris.

There is a fee for some services.

Cold Lunch Alternatives (must be ordered 3 days in advance)

Week of August 2

Tues. – Chicken Salad Sandwich
Wed. – Roast Beef & Swiss on Rye
Thurs – Chicken Caesar Salad
Fri. – Ham Salad on Pumpernickel

Week of August 9

Tues. - Chicken Breast & Romaine
Wed. – Ham Hoagie
Thurs. – Chef Salad
Fri. - Chicken Salad on Wheat

Week of August 16

Tues – Turkey Breast on Pumpernickel
Wed. - Egg Salad on Tossed Salad
Thurs.- Antipasto Salad
Fri. – Chicken Salad

Week of August 23

Tues. – Ham & Swiss on Rye
Wed. – Seafood Salad & Romaine
Thurs. – Tossed Salad & Diced Beef
Fri. - Tuna Salad on Kaiser Roll

WCASC MEAL PROGRAM

The WCASC serves breakfast **5 Days A Week from 8:00 to 9:30!** Breakfast is cooked to order for a suggested donation of \$3.50. Bring a friend and remember that all proceeds benefit the Center.

Lunch is served daily at noon for a \$1.50 suggested donation for those over 60 and \$4.55 for those under 60. Hot and cold lunches are available. Participants may order 2 meals a day. **Please notify us by 12:00 if you need to cancel your cold lunch.** You may pick up a complete menu at the Center or check it online @ wcseniors.org.

Cold lunch alternative is available Tuesday through Friday. You MUST reserve meal 3 days in advance. Eat at the Center or take home. Available for pick up between 9 and 2.



Join us for our August Birthday Party on Wednesday, August 18. We will have Prize Bingo following with prizes donated by Addus Healthcare. Please make your reservations at least three days in advance.

1-Aug

William McCune
Dottie Lauletta
David Brink

2-Aug

Ralph Erdman
Harvey Raab

3-Aug

Philomena Skrajewski
Arlene Berliner
Betty Faccioli
Judy Perego-Williams
Lawrence Snyder
Jeanne Meissner

4-Aug

Jean Brown
Gail Toland
Lorri Sarosy

6-Aug

Grace Ovelman
Boyd Mackleer
Sally Anne Austin
Wayne Hoch
Catherine Fugedy

7-Aug

Marion Daly
Iberia Ardao

8-Aug

Ann Malone
Donald Ciotti

9-Aug

Peg Huebner
Betty Smith

10-Aug

Mary Kline
Jessie Jacot
Catherine Rennix

11-Aug

Maria Ricci
Kathleen Lauber
J. Craig Fenimore
Martin Pesilo

12-Aug

Henry Skillman
Roland Houpt
Mary Hayes
Joanna Naegely
Jody Skillman
Norma Miller

13-Aug

Scott Cornell

14-Aug

Mary Ellen Minyone
Myra Scholl
Pearl Lynn
Jim Williams
Elaine Chambers

15-Aug

John Regan
Connie Henriquez
Valentina Hosking
Jessica Raymond

16-Aug

Edward Philipps
Edna Falcone
Mary Donia
Helga Knox

17-Aug

Albert Filano

18-Aug

Margaret Timbers
Harry McCool

19-Aug

Janet Bayne

20-Aug

Stephen Fedor
Muriel Storrs
Marie Bortner
Patricia Lorback
Eleanor Broadbelt
Toby Gelman
Ed Van Naerssen

21-Aug

Maj Parmer
Edward Wengiel
Vera Dec

22-Aug

Edward Harootunian

23-Aug

Margaret Marion
Frank Falcone
Charles Wilkinson
Kay Davis

24-Aug

Bonnie Henriques
Weldon Tyson
Rose Cassidy

25-Aug

Marilyn Lambert
Edwin Oninus

26-Aug

Ruth Jameson
Helena French
Connie Patten
Joseph Ranaudo
Kathleen Szymanowski

27-Aug

Dallas Matthews
Dolly Hemphill

28-Aug

Carol Nied

31-Aug

Freda Carter
Richard Wilking
Jim McBride
Dorothy Wein

**WEST CHESTER AREA SENIOR
CENTER**

530 East Union Street
West Chester, PA 19382

Phone (610) 431-4242
Fax (610) 429-9296
Check us out on the web!
www.wcseniors.org

*enriching the lives of our senior
neighbors through friendship,
education, activities, and nourishment*

Non-Profit
Organization
US Postage Paid
Permit # 77
West Chester, PA

United Way Member Agency



2010 - 2010 ADVISORY COUNCIL

Alan F. Clark, Ray Cornell, Jack Dalton, David G. Dorsett, Don Evons, Dr. Albert E. Filano, Dolores Hagerstrom, J. Carol Hanson, Boyd Mackleer, Dallas Matthews, Richard Merion, Madge Miller, Stephanie Phillips, Joseph R. Polito, Jr., Esq., Betty Strode, Gail Tanzola-Seymour, Thomas R. Wilson, Esq., Stanford Zukin

2010 - 2011 PLANNING COUNCIL

Roger Braun, Vernon Brewer, Dorothe Cialini, Loretta Durnell, Mark Frison, John Herley, Ellinor Joseph, Virginia Love, Gino Maffei, Dot Miller, Norma Milner, Ann Richardson, Anne Schorn

BOARD MEMBERS 2010- 2011

Ann Giunta, President
Vrinda Hatti
John Herley
James Lees

Robert Lohr, Esq.
Stephen Quigley
Judith Ray
William Ronayne
Shannon Royer

James Smith
Milt Stith
Terry Weber
William Wilson, Esq.
Christine Zaccarelli, Esq.

WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Board of Directors, Advisory Council, Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

