

April 2009

Volume 33 Issue 4



WEST CHESTER AREA SENIOR CENTER

Senior News & Views

West Chester Area Senior Center

530 East Union Street (610) 431-4242 FAX: (610) 429-9296

WWW.WCSENIORS.ORG

Monday-Friday 8:00 to 3:00

Pencil Drawing Class

A new Pencil Drawing Class will begin on Monday, April 13th at 10:00.

Students in this six week class will learn about gesture, line, value, volume, and perspective. Enrollees should plan to attend all classes.

Please call the Center at 610-431-4242 to register and for information about the supplies needed. Registration is limited.

Trash to Treasure

LaRue Morgan will share her collection of recycled dolls and crafts and give ideas of how to make something new out of something old. Join us on Monday, April 13th at 12:45.

Cinderella: The Opera

Raul Pagin will lead a discussion of Rossini's La Cenerentola (Cinderella) on Wednesday, April 22 at 12:45. Please join us for this exciting program.

Volunteer Appreciation Day

The WCASC will be honoring our wonderful volunteers on Wednesday, April 15th. The festivities begin at 11:15. Please RSVP by April 9th.

Celebrate 100!

WCASC is proud to help member Edna Cramer and her family celebrate Edna's 100th birthday at lunch on Monday, April 20th! Join us for this very special milestone. Please make your lunch reservations by April 15th.

Emil Volcheck Luncheon

The Computer Forum members will be honoring long time volunteer Emil Volcheck, who recently passed away, at a luncheon on Thursday, April 23rd. Computer Forum members will have the opportunity to share memories and a plaque honoring Emil will be placed in the computer room.

Upcoming Programs

- Aging With Wisdom Panel will provide information on how to remain in your home and what services are available on Monday, April 6th at 1:00.
- PA Department of Insurance will present a program on Identity Theft on Wednesday, April 8th at 1:00.
- Addus Health Care will provide information on home care with a bingo game on Friday, April 24th at 12:45. Join us for a chance to win some prizes and get some good information!

Fitness For A Cause Fundraiser

Exercise your way towards better health while helping support the Center. We are encouraging all of our exercise participants to join the Exercise-A-Thon to be held the entire month of May. This unique fundraiser requires participants collect pledges for the number of exercise classes they attend during the month. Get your family members, neighbors, and friends to sponsor you! Join us for our informational kick-off on Friday, April 17th at 12:30.

West Chester Area Senior Center

STAFF MEMBERS

Amy H. Balian	<i>amyb@wcseniors.org</i>	Executive Director
Mary Kline	<i>maryk@wcseniors.org</i>	Program Coordinator
Philip Picone	<i>philp@wcseniors.org</i>	Meal Supervisor
Doris Russell	<i>doristr@wcseniors.org</i>	Asst. Bookkeeper
Mia Jones	<i>miaj@wcseniors.org</i>	Information and Assistance Coordinator
Mary Ann McMullan	<i>maryannm@wcseniors.org</i>	Executive Assistant
Lee Grunwell	<i>leeg@wcseniors.org</i>	Bookkeeper
Rachel Sierk	<i>rachels@wcseniors.org</i>	Health & Wellness Coordinator
Betty Daniels		Custodian
Rose Marie Klasky		Office Assistant
Marian London		Kitchen Assistant
Jim Mobile	<i>IQStudios@aol.com</i>	Technology & Volunteer Coordinator

INSTRUCTORS

Pearl Burger, Kerry Blackburn, Dorothe Cialini, Kay Croll, Art Dougherty, Ray Doyle, Pierina Disciullo, Margaret Guinta, Lee Hickman, Betty Kane, Arline Keith, Anthony Lorenzo, Mariane Pepler, Pat Ross, Judith Rodriguez, J.J. Schustrich, Claire Surr, Pam Walsh, Gretchen Webb, and Bill and Glee Young.

*******WCASC will be closed on Friday, April 10, 2009.*******

Mouthwatering Meals

The WCASC serves breakfast 5 Days A Week from 8:00 to 9:30! Breakfast is cooked to order for a suggested donation of \$3.50. Lunch is served daily at noon for a \$1.50 suggested donation for those over 60 and \$4.55 for those under 60. Please call your lunch reservations in at least 3 days in advance.

AARP Driver Safety Program

The 55 Alive Driver's Education Course will be held at the Center on Thursday and Friday April 16th and 17th from 8:30 to 12:30. Please call the Center to register and for information about the May classes.

- Jon Ewald, Sen. Dinniman's Constituent Outreach Representative, will be at the Center on Thursday, April 9th at 12:30. Stop by for assistance with state programs and other information.
- An Apprise counselor will be at the Center on Monday April 27th to assist with Medicare counseling. Please call for an appointment.

If you are renewing your membership or are becoming a new member, please remember to fill out both sides of the membership form.

Smorgasbord Breakfast!

Our Smorgasbord breakfast will be held Wednesday, April 29th from 7:30 am to 10 am. All you can eat for a suggested donation of \$5.00. The menu includes scrambled eggs, pancakes, bacon, sausage, home fries, toast, fresh fruit and coffee or tea.

PANCAKE BREAKFAST AND SPAGHETTI DINNER

The West Chester Lions Club will hold a Pancake Breakfast at the Center on Saturday, April 18th from 7:00 am– 11:00 am.

The Kiwanis Club will hold a Spaghetti Dinner at the Center on Saturday, May 2nd. More information coming soon! Proceeds from both events will benefit the Center.

MIND AND BODY

Arthritis Foundation Exercise Class

This class is held Mondays, Wednesdays, and Fridays at 10:30. *Free to members.*

Tai Chi

Tai Chi is held on Fridays at 9:00 am. \$3 for members, \$5 for non-members

Basic Tai Chi

This basic class is held on Mondays at 2:00. \$3 for members, \$5 for non-members

Healthy Steps in Motion

These classes, on Tuesdays and Thursdays at 10:30, focus on flexibility, strength, balance, and fall prevention. *Free to members.*

Yoga

Yoga is held on Tuesdays and Thursdays at 11:30 am. \$3 for members, \$5 for non-members

Strength and CORE Training

This 45 minute strength training class is held at 1:00 on Tuesdays and Thursdays. \$2 charge for members

Silver Sneakers

Classes are Mondays and Wednesdays and Friday at 11:15. *Free to members and Silver Sneakers participants.*

Silver Sneakers Cardio Circuit

Cardiovascular exercise is the highlight of this class offered on Mondays and Wednesdays at 9:15. *Free to members and Silver Sneakers participants.*

Ping-Pong Club

Meets Mondays at 12:30 & Thursdays at 11:15. Please come and use our table! Other times are also available.

Line Dancing

Line Dancing is held on Fridays at 1:00 pm. \$3 for members, \$5 for non-members

Low Impact Aerobics

This class is held on Tuesdays and Thursdays at 9:15. *Free to members.*

German Club

The German Club meets Wednesdays at 10 am.

Spanish Class

Spanish classes meets on Tuesdays at 1:00. New members are encouraged to attend.

Italian Class

A conversational Italian Class meets Mondays at 10:30.

Bible Study

This non-denominational group meets on the 2nd and 4th Thursday at 9:30 and is led by Jim Shackleton from Great Valley Presbyterian Church.

Current Events

This discussion group meets on Tuesdays at 10:30.

Drama Club

This new group will meet on Thursdays at 12:30. Help us get this new club going!

Bridge

The bridge group meets on Mondays and Thursdays from 12:00 to 3:00.

Photography Club

The Photo Club will meet April 16th at 10:00.

Art Appreciation Club

The Art Appreciation Club will meet April 9th at 10:00. Pulp Culture: The Art of American Realist, Edward Hopper, will be the topic.

Pinochle

Pinochle players meet on Wednesdays and Fridays at 10 & 12:30. Instruction is available.

Rummikub

Come to the lounge on Wednesdays and Fridays at 12:30 and join the fun of rummikub.

Knitting and Crocheting Club

The "knitwits" meet Tuesdays at 12:45. The group is currently making lap robes for Pocopson Home residents and baby hats for the Chester County Hospital nursery.

Quilting

The quilters meet the 2nd and 4th Tuesdays of the month at 12:45.

Craft Club

Crafters meet Fridays at 12:45. No experience needed! Please come and bring your ideas!

Computer Assistance

Computer help is available in the computer room on Tuesdays from 1:00 to 2:30.

Computer Forum

Doug Fairchild will lead the discussion on Thursday, April 2nd and 16th at 1:00.

WCASC Chorus

The Chorus practices on Thursdays at 1:00. New members are welcome. Please call Jim Mobile at the Center for more information.

Audiologist

Mike Piscotty will be at the Center on Wednesday, April 22nd. Please call the Center to schedule your appointment. *There is a fee for some services.*

Nurse

Mary Jo Baldino from Neighborhood Health Agencies, Inc. comes to the Center for free blood pressure screenings and weights on Tuesdays at 10:00.

WCASC Book Club

The Book Club meets the 2nd Thursday of the month at 1:00. This month they will discuss *Things Fall Apart* by Chinua Achebe on April 9th. New members are welcome!

Chess

The Chess Club meets on Fridays at 12:30. Instruction will be available.

April 2009 Programs at the Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BINGO! Every Tuesday Evening Cash Prizes Refreshments Doors open at 5pm Bingo begins at 6pm</p> <p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 SilverSneakers 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 1:00 Aging with Wisdom Panel 2:00 Basic Tai Chi</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club 12:45 Skin Cancer Awareness Program 1:00 Computer Assistance/ Scrabble 1:00 Spanish Class/ Strength Training</p>	<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub 12:45 Bingo</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:30 Healthy Steps in Motion I/Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Drama Club 1:00 Strength Training 1:00 Computer Forum/Chorus</p>	<p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers/ Bingo 12:30 Rummikub/ Chess/Pinochle 12:45 Crafts and Bingo 1:00 Line Dancing</p>
<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 1:00 Aging with Wisdom Panel 2:00 Basic Tai Chi</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club 12:45 Skin Cancer Awareness Program 1:00 Computer Assistance/ Scrabble 1:00 Spanish Class/ Strength Training</p>	<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/ Rummikub 12:45 Bingo 1:00 Identity Theft Program</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:00 Art Appreciation 10:30 Healthy Steps in Motion I/Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Sen. Dinniman Constituent Outreach 12:30 Drama Club 1:00 Strength Training/ Chorus/ Book Club</p>	<p>WCASC CLOSED FOR HOLIDAY</p>
<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 12:45 Eye Glass Cleaning 12:45 Recycled Dolls & Crafts 2:00 Basic Tai Chi</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club/Quilting 1:00 Computer Assistance/Scrabble 1:00 Spanish Class 1:00 Strength Training</p>	<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 Volunteer Appreciation Festivities! 11:15 SilverSneakers/ Bingo 12:30 Pinochle/Rummikub</p>	<p>8:00 Breakfast 8:30 55 Alive 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Healthy Steps in Motion I/Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Drama Club/Functional Fitness Tests 1:00 Strength Training/ Chorus 1:00 Computer Forum</p>	<p>8:00 Breakfast 8:30 55 Alive 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers / Bingo 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts and Bingo 12:45 Exercise-A-Thon Kick-Off 1:00 Line Dancing</p>
<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 Bingo 12:30 Rummikub /Ping Pong/Bingo 12:00 Bridge 12:00 Edna Cramer's 100th Birthday! 12:00 Bridge 12:30 Ping Pong 2:00 Basic Tai Chi</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps in Motion I 10:30 Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club 1:00 Computer Assistance/Scrabble 1:00 Spanish Class/ Strength Training</p>	<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/Rummikub 12:45 Bingo 12:45 Opera Program</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:30 Healthy Steps in Motion I/ Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:00 Lunch Honoring Emil Valcheck 12:30 Drama Club 1:00 Strength Training/ Chorus</p>	<p>8:00 Breakfast 9:00 Tai Chi 9:30 Brain Aerobics 10:00 Pinochle 10:30 Arthritis Exercise Class 11:15 Bingo/SilverSneakers 12:30 Rummikub/ Chess/ Pinochle 12:45 Crafts 12:45 Health Care Bingo 1:00 Line Dancing</p>
<p>8:00 Breakfast 9:15 Silver Sneakers Cardio Circuit 10:30 Arthritis Exercise Class/ Italian Class 11:15 Bingo 12:00 Bridge 12:00 Birthday Party with Entertainment 12:00 Bridge 2:00 Basic Tai Chi</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 10:00 Nurse 10:30 Healthy Steps /Current Events/Computer Q & A 11:30 Yoga 12:45 Knitting Club/Quilting 1:00 Computer Assistance/Scrabble 1:00 Spanish Class/ Strength Training</p>	<p>7:30 Smorgasbord Breakfast 9:15 Silver Sneakers Cardio Circuit 10:00 German Club/ Pinochle 10:30 Arthritis Exercise Class 11:15 SilverSneakers 11:15 Bingo 12:30 Pinochle/Rummikub 12:45 Bingo</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:30 Healthy Steps in Motion I/ Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Drama Club 1:00 Strength Training/ Chorus</p>	<p>8:00 Breakfast 9:15 Low Impact Aerobics 9:30 Bible Study 10:30 Healthy Steps in Motion I/ Drawing Class 11:15 Ping Pong 11:30 Yoga 12:00 Bridge 12:30 Drama Club 1:00 Strength Training/ Chorus</p>

April 2009 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cold lunch alternative is available Tuesday through Friday. You MUST reserve meal 3 days in advance. Cold lunches are not available when there is a special luncheon.</p> <p>6</p> <p>Orange Juice Swedish Meatballs Buttered Noodles Spinach Whole Grain Roll Chocolate Cake</p>	<p>7</p> <p>Minestrone Soup Cheese Steak Potato Wedges Broccoli Jr. Hoagie Roll Pear</p>	<p>1</p> <p>Cranberry Juice Broiled Chicken w/ Garlic Sauce AuGratin Potatoes Lettuce & Tomato Wheat Bun Tropical Fruit</p> <p>8</p> <p><u>Spring Luncheon</u> Orange-Pineapple Juice Baked Ham w/ Fruit Sauce AuGratin Potatoes Buttered Peas Whole Grain Dinner Roll German Chocolate Cake</p>	<p>2</p> <p>Salad Sloppy Joe Sandwich on Bun Potato Wedges California Blend Vegetables Chocolate Pudding</p> <p>9</p> <p>Tossed Salad Veal Parmesan Pasta w/ Tomato Sauce California Blend Vegetables Rye Bread Vanilla Ice Cream</p>	<p>3</p> <p>Manhattan Clam Chowder Fillet of Fish Pierogies Stewed Tomatoes Rye Bread Tangerine</p> <p>10</p> <p>Potato Soup Tuna Salad Three Bean Salad Cole Slaw Pasta Salad Whole Wheat Bun Banana</p>
<p>13</p> <p>Cranberry Juice Grilled Chicken w/ Mushrooms, Peppers, & Onions Rice Pilaf French Green Beans Wheat Roll Apple</p>	<p>14</p> <p>Grape Juice Roast Pork w/Gravy Peas & Carrots Mashed Potatoes Wheat Bread Applesauce</p>	<p>15</p> <p><u>Volunteer Luncheon</u> Baked Chicken Leg Baked Potato w/ Sour Cream Japanese Mixed Vegetables Wheat Dinner Roll Vanilla Pudding Graham Crackers</p>	<p>16</p> <p>Chicken Noodle Soup Cheeseburger on Bun Lettuce & Tomato Tater Tots Orange</p>	<p>17</p> <p>Cream of Celery Soup BBQ Riblet Succotash Slice Carrots Jr. Hoagie Roll Orange Cake</p>
<p>20</p> <p>Orange-Pineapple Juice Hot Roast Beef Sandwich Carrots Mashed Potatoes Peas & Carrots White Bread Brownie</p>	<p>21</p> <p>Crab Cake Macaroni & Cheese Stewed Tomatoes Wheat Roll Apple</p>	<p>22</p> <p>Chicken Rice Soup Salisbury Steak Noodles & Gravy Broccoli Whole Grain Roll Tangerine</p>	<p>23</p> <p>Romaine Lettuce Italian Sausage w/ Pepper, Onions, & Tomato Sauce Carrots Spinach Jr. Hoagie Roll Diced Peaches</p>	<p>24</p> <p>Vegetable Soup Ham & Cheese Quiche String Beans Steamed Rice Rye Bread Tropical Fruit</p>
<p>27</p> <p><u>April B-day Party</u> Tossed Salad w/ Pepper Ring Hot Turkey Sandwich Mashed Potatoes Carrots White Bread Chocolate Cookies</p>	<p>28</p> <p>Chicken Parmesan Pasta w/ Tomato Sauce Winter Mixed Vegetables Italian Bread Pineapple Tidbits</p>	<p>29</p> <p>Tomato Soup Meatloaf W/ Gravy Candied Sweet Potatoes Peas & Carrots Rye Bread Granola Bar</p>	<p>30</p> <p>Chopped Romaine Stuffed Pepper Half Corn Italian Bread Apricot Halves</p>	<p>Cold lunch entrée is on page 6. A complete menu is available at the Center and online at wcseniors.org.</p>

HEALTH AND WELLNESS NEWS

Skin Cancer Awareness

The Chester County Health Department will present a program on skin cancer awareness. Skin cancer is the most common form of cancer in the United States. Half of the US population will probably develop at least one skin cancer by the time they are 65, but it's also the most preventable form of cancer, so come and learn all about it! **Tuesday, April 14 12:45 pm**

Eye Glass Cleaning

The Center for the Blind and Visually Impaired will be at the Center on **Monday, April 13 at 1:00**. They will be offering free eyeglass cleanings and minor adjustments.

Hearing Clinics

Dr. Judith Curtin, Aud., will be at the Center on **Wednesday, April 1, 8, 15, and 29 from 9 am to 11 am** for hearing clinics, hearing aide cleanings, and consultations. Please make an appointment by calling the Center at 610-431-4242. *There is a \$10 fee for hearing screenings.*

Cold Lunch Alternatives(must be ordered 3 days in advance)

Week of April 1

Wed. – Seafood & Romaine Salad
Thurs. – Cob Salad with Ham and Egg
Fri. – Tuna Salad on Wheat Kaiser Roll

Week of April 13

Tues – Tossed Salad with Ham & Swiss Cheese
Wed. – Italian Hoagie
Thurs. – Chef Salad with Ham, Turkey & Cheese
Fri. – Tuna Salad on Rye Bread

Week of April 27

Tues. – Ham & Swiss on Rye
Wed. – Seafood & Romaine Salad
Thurs. – Cob Salad with Ham and Egg
Fri. – Tuna Salad on Wheat Kaiser Roll

Week of April 6

Tues. – Chicken Salad on Wheat Bun
Wed. – Roast Beef & Swiss on Rye
Thurs. – Chicken Caesar Salad
Fri. – Egg Salad on Pumpernickel

Week of April 20

Tues. – Chicken Salad on Romaine
Wed. – Turkey Breast on Multi-Grain Bread
Thurs. – Chef Salad with Ham, Turkey & Cheese
Fri. – Ham Salad Sandwich

Cold lunches are not available on Mondays. You may pick up a complete menu at the Center or check it online @wcseniors.org. Please specify hot or cold lunch when making your lunch reservations.

Join us for our April Birthday Party on April 27th. Wayne Zimmerman will entertain. Please make your reservations at least three days in advance.

1-Apr Thomas Flood Mary Jo Mills	9-Apr William Krausser	19-Apr Joseph Burns	27-Apr Mary Ashley Roy Grove Frances McKay Robert McCann Jean McBride
2-Apr Rose Valentino Dorothea Pettit Mary Cotter Ronald Lux Alice Williams Nancy Hoffman	10-Apr Dorothy Lakatos John French Gail Fitzgerald	20-Apr Gerald Porter Jean Ruschok	28-Apr Anne Little Phillip Sam Paul Reitman Esther Wolff Karlene Brittingham John Liebsch
3-Apr C. Beverly Dow Anna Miller Donald Schneider Joann Ott	11-Apr Virginia Stoltzfus John Yannick	21-Apr Pauline Trnka Carol Rice Carol Koernig (Clark) Peter Buono Robert Irvine Howard Stroble	29-Apr James McGowan
4-Apr Raymond Rogowski Kay Philipps	12-Apr Julia Glass	22-Apr Richard Toland Elizabeth Sheaffer Barbara Kurowski Jayne Lytle Diana Harron Lily Gerhard	30-Apr Marian Stevenson Iva Wambold Robert Anderman Juergen Kaufmann
5-Apr Robert Lavin Theresa Halt	13-Apr Vernon Brewer Ruth Snyder Martha Weber	23-Apr Robert Fromm Diane Price Joyce Pisciotti	
6-Apr Donald Weir Jane Anderman	14-Apr Richard Wirth William Huebner Sam Brown	24-Apr Gladys Kinsey Howard Schwartz	
7-Apr Toyoko Kadyszewski Agnes Nevin Joan Travers Wanda Cochran Sue Bell	15-Apr Eugene Finegan Marjorie Layer Herman DeRoos	25-Apr Ann Hemphill Marilyn Martin	
8-Apr Marion Flinn Joseph Finnaren Rosemary Rooney Gigi Wilson	16-Apr Ruth Grasso	26-Apr Doris Garnett Elizabeth Peters	
	17-Apr Lena Cavaliere		
	18-Apr Doris Price-Cole William Scheffey Hugh Purnell		

SENIOR CENTER BAND

Musicians wanted for the new Senior Center Band! For more information, please call Mary Kline at 610-431-4242.

WEST CHESTER AREA SENIOR CENTER

530 East Union Street
West Chester, PA 19382

Phone (610) 431-4242
Fax (610) 429-9296
Check us out on the web!
www.wcseniors.org

enriching the lives of our senior neighbors through friendship, education, activities, and nourishment

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United Way Member Agency



27TH ANNUAL CHESTER COUNTY SENIOR GAMES

Mon. 5/11 BADMINTON @ Phoenixville Area YMCA

Wed. 5/13 SWIMMING @ Brandywine YMCA

Wed. (evening) 5/13 TRACK @ Downingtown West High School-Rain date Wed. 5/20

Thurs. 5/14 SENIOR GAMES DAY & HEALTH FAIR @ Church Farm School

-Bocce, Horseshoes, Softball & Football Throw, Checkers, Scrabble, Bingo, Frisbee Putting, Darts, Table Tennis, Shuffleboard, Basketball Shoot, LUNCH, Entertainment, Health Fair

Mon. 5/18 GOLF @ Loch Nairn Golf Club in Avondale, PA- Rain date Tues. 5/19

Tues. 5/19 BOWLING @ Palace Bowling in Downingtown

Wed. 5/27& Thurs. 5/28 TENNIS @ Tennis Addiction in Exton

WEST CHESTER AREA SENIOR CENTER

The West Chester Area Senior Center, a non-profit organization, provides services and programs to persons sixty years or older without regard to race, color, creed, handicap, sex or national origin. The Center is funded in part under a contract with the Chester County Department of Aging Services. Funding is also provided by the Chester County United Way, monies raised by the Planning Council, group donations, individual gifts and memorials, wills and bequests. All contributions are tax deductible to the extent allowed by law. The Center's official registration may be obtained from the Pennsylvania Department of State by calling toll free (within PA) 1-800-732-0999. Registration does not imply endorsement. The Center serves the following Townships: East and West Goshen, Westtown, Thornbury, East Bradford, Willistown, Birmingham and the Borough of West Chester.

