

2010 ANNUAL FUND

- In 2009, the Center offered 3,847 programs and served 24,600 meals, reaching out to more than 3,450 individuals.
- 52 of 60 participating seniors eat nutritional lunches 15 or more times each month.
- 85% of seniors sit & eat with peers at dining room tables during breakfast, reducing isolation, loneliness and depression.
- 85% of seniors who participate in exercise classes improve their overall fitness.
- 86% of seniors report an increased understanding of their medical risks & strategies to improve their health.
- 16% of participating seniors live at or below the poverty level, having access to resources not otherwise available.

Our projected functional expenses for FY 09 - 10 are:

Program Services	83 %
Administrative Costs	7 %
Fundraising	10%



That means that \$.83 out of every \$1.00 donated to the Senior Center is spent on directly helping seniors . . . a very good investment for our donors. This is due, in large part, to the depth of volunteer involvement provided to the Center.

